

# Haven Counseling Center \* Parenting Class Descriptions

Classes available to all parents and caretakers of minor children

\* Classes also meet court-referred requirements

## \*NEW BEGINNINGS

11 SESSIONS \$60

Evening and daytime classes for **Parenting**. Also **meets court-referred** requirements. Learn about controlling anger, getting kids to behave, talking with your children about problems, and how to provide a safe and loving home. (also available in **Spanish**)

## \*PARENT PROJECT

12 SESSIONS \$60

Parenting class focusing on issues for parents of teens 13 -18 with challenging or out-of-control behaviors such as truancy, drug use, or defiance. Meets court requirements for Parenting.

## \* TAKE CARE

10 SESSIONS \$60

Examines signs and effects of five major areas of **child neglect**. In this small group setting, individuals learn to recognize and correct life situations leading to neglect. **Meets Court Required, "Counseling for Issues of Neglect."**

## \*THE LIGHTHOUSE PROGRAM

52 Weeks \$25 week

Court ordered parent education/training group designed to meet the California Penal Code requirement of one year counseling services **specifically for individuals charged with P.C. 273** (child endangerment/willful cruelty to a child).

## \*PATHFINDERS

20WEEKS (KRC)

Pathfinders is a **Parenting Class** for people with developmental disabilities. Many of these parents are eligible to have Kern Regional Center pay their fees.

This class **meets Court Referred** requirements.

## \* GYST FOR YOU

21 WEEKS (Three-7 Wk Sessions) \$60

"Getting Your Self Together" is a **Parenting Class** for parents with a mental health diagnosis. Classes are small to allow practice of skills. Symptom and medication management are discussed in relation to parenting. **Meets court requirement for Parenting.**

## \*CONSIDER THE CHILDREN

1 SESSION \$55

This three hour session for **Divorcing Parents** helps them deal with family issues surrounding divorce. They learn how to avoid putting children in the middle and how to assist their children in the transition after divorce. **Meets Court Requirement.**

## \* FAMILY MATTERS

26 WEEKS \$25 week

**Child Protection Group** also **meets court referred** requirements. This program will focus on a variety of issues including, child neglect, family violence, failure to protect (abuse awareness), failure to protect (health and safety issues), and recovery from family breakdown.

## \*ANGER MANAGEMENT

10 WEEKS \$60

This group allows parents to recognize and accept personal responsibility for uncontrolled anger. The class will help individuals recognize personal triggers, resist old impulses, and resolve anger in a healthy manner. The parent - child focus of this class also presents skills parents can use to help their children with anger. **Meets Court Referred** requirements.

## **TOGETHER AGAIN**

Group to assist families with issues of following reunification. Family therapy

## ***Baker Street Office***

Location: 200 Baker Street this site offers case management and parenting classes. Call 619-9368 for hours and fees.

## ***KOOL-OFF***

Teens at risk for running away or being kicked out can benefit from KOOL-OFF. A 24 hour hotline is available for the parent and youth, crisis counseling, and family services to help teens and their families find a way to stay together.

**24 hour Hotline #: 1-800-439-9961**

## ***CASE MANAGEMENT***

Case management provides individuals with referrals to services and assistance with basic needs. Case managers also provide guidance in basic life skills. Discuss with Haven Counselors during or following intake.

## **Parent to Parent**

This group allows parents to give each other support, share information with other parents, and **give each other hope.**

## ***Kinship Support Services Program***

A free program to assist families who provide a home for the children of relatives or close friends. Services include: counseling, support groups, information and referral hotline, case management, parenting education, recreation and respite care, volunteer programs.

**Kinship Center-316 H St. phone 327-1951**

## ***Haven Counseling Center***

730 Chester Avenue, Bakersfield, CA  
93301 (661) 327-4711

[www.havencounselingcenter.org](http://www.havencounselingcenter.org)

### **\*New Beginnings**

***Mon & Wed 10:00 am — 12:00 noon***

Jan 11 - Feb 22

Mar 8—April 12

April 26 - Jun 02

Jun 21— Jul 26

Aug 23-Sept 29

### **\*New Beginnings**

***Monday 5:00 — 7:00 pm***

Jan 11 - Apr 5

Apr 19 - Jun 28

Jul 12 - Sept 20

Sept 27— Dec 6

### **\*New Beginnings**

#### **En Espanol**

***Monday 5:00 — 7:00 pm***

Jan 11 - Apr 12

Apr 26 - Jul 19

Aug 2 - Oct 18

### **\*GYST For You**

***Tuesday 3:00 — 4:00 pm***

Jan 5

Mar 2

Apr 27

Jun 22

### **Pathfinders Support**

Friday 10:30-12:00

Open entry

## ***2010 Class Schedule***

315 "H" Street, Bakersfield, CA 93301  
(661) 327-1951

### **\*Take Care**

***Tuesday 10:00 am — 12:00 noon***

TBA

### **\*Take Care (En Espanol)**

***Wednesday 5:00 — 7:00 pm***

TBA

### **\*Anger Management**

***Wednesday 5:00-7:00 pm***

January 13 - March 17

April 7— June 9

Jul 30— Sept 1

Sept 15— Nov 17

### **\*Anger Management (En Espanol)**

***Tuesday 5:00-7:00 p.m.***

Jan 12 - Mar 16

May 4—Jul 6

Sep 7—Nov 9

### **\*Family Matters (En Espanol)**

***Thursday 5:00-7:00 pm***

Open entry

### **\*Family Matters**

Tuesday 5:00 — 7:00 pm

Wednesday 1:00 — 3:00 pm

Thursday 9:30 — 11:30 am

Thursday 5:00 — 7:00 pm

Open Entry

### **\*Consider the Children**

***Call for schedule***

### **\*Lighthouse Groups**

Monday 5:15 pm — 6:30 pm

Monday 5:15 — 6:30 (Spanish)

Tuesday 9:30-10:45 am

Tuesday 5:15 pm — 6:30 pm

Wednesday 5:15 pm — 6:30 pm

Friday 10:00 am — 11:15 am

Open Entry

### **\*Parent Project**

***Tuesday 5:00-7:00***

Jan 12 - Mar 16

May 4—Jul 6

Sep 7—Nov 9

### **Parent to Parent**

***Wednesday 5:00-6:00***

Open entry

### **\*Pathfinders**

***Wednesday 10:30-12:00***

Open entry

### **Together Again**

Open entry